

Eyeliner Aftercare

Day 1 (day of appointment)

- **Blot** area every 15 minutes with a clean damp tissue to collect lymph *(continue daily as needed)*



Washing & Ointment

- **Wash** area with mild soap 2x/day. Gently pat area dry. WAIT at least 15 minutes after washing to apply ointment.
- **Moisturize** starting 48-72 hours after procedure using only the ointment provided*. Apply sparingly to area morning and evening for 2 to 3 days.

**Aftercare bags are enough to cover your initial appointment and your complimentary 8-week touch up. Additional quantities are available for a small fee.*

Things to Avoid

- Avoid extremely hot showers that produce steam
- **NO EXERCISE** or sweating for 10 days
- **NO CONTACTS** for at least 5 days
- Avoid shower spray, hot tubs, swimming pools and lakes
- Avoid situations where you may be exposed to heavy dirt, dust or dander
- No topical makeup for at least 5 days
- No eyelash curler for at least 2 weeks
- No facials, peels or chemical treatments for 2 weeks
- Avoid picking, peeling or scratching - this can cause infection or uneven pigment after healing

For more information on aftercare, visit
www.3dbrowsandwellness.com/appointment-preparation

Thank You!

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